## Mount-up in the Mountains Competitive Trail Ride

June 14 - 16, 2024 Information Sheet

The ride will be held near Ghost Lake, AB, just west of Cochrane.

This is a 1 day ride with an novice, intermediate and Open divisions. Friday registration will begin at 3 pm with initial vet in beginning at 4 pm. Please arrive on the Friday for the ride on Saturday. Please send in your entry forms by June 11th.

Hoof Protection is strongly recommended as there is dry river bed crossings.

All participants must be AEF members prior to the ride for insurance purposes. Please have this done before you arrive and bring proof of membership with you. It is the riders' responsibility to be familiar with the rules. The TRAC handbook can be found at <a href="http://www.trailriding.ca/resources/trac-handbook.html">http://www.trailriding.ca/resources/trac-handbook.html</a>

Every participant is required to always wear a helmet when mounted, even in camp when not competing.

Volunteers are always needed. If you can help out please contact Kyleigh Semmens. Lunch and supper will be provided for volunteers and vets only. Please bring a potluck dish for Saturday evening so we can enjoy summer together! Please bring your own mugs, plates and utensils.

Meals will be provided for all volunteers- Volunteers do NOT have to pay a camping fee.

You are responsible for your own garbage – please take it home.

Contact for TRAC ride is Kyleigh Semmens 587 574 5656 kyleighlynnsemmens@live.ca

Directions to the campsite: \*Best suggestion is pin saddle peak trail rides onto your google maps \*\*

Going west on Bow Valley Trail, turn right (north) onto highway 40 (towards Ghost Lake). Follow this past Capture the Flag Paintball on your right hand side. Just Past Capture the flag you will hit a T intersection. Turn Left onto Richards Road. Follow Richards road towards saddle peak trail rides. 1km down the road there is a one-way bridge. Go straight across. Camping is about 1 km past the bridge on the left-hand side. LOOK for signs. If you go past you will need to go into saddle peak trail rides at the end of the road and turn around.

## **Camping Rules and Regulations**

Please remove all garbage and waste including soiled Hay.

Manure can be spread

Please be respectful of the land this is private property and the owners have been gracious enough to let us use their property.

We thank you for your corporation on all the above items, if all goes well more rides at this site will hopefully be in our future!

See you on the trails!!!!



