

TRAC your Mileage 2021

“TRAC your Miles 2021” Your TRAC board is launching this mileage challenge to encourage our members (and non-members) to continue to be motivated to ride and train their horses.

The challenge is to set distance goals and comply with the necessary training to achieve them, and thus obtain a Medal of Recognition for this 2021 Distance Challenge. “TRAC your miles 2021” challenge begins on May 1, 2021.

The objective is to continue training our horses and accumulate miles during the months Alberta continues with Social Distancing Measures, and our ride season is tentative. The challenge is launched for horse/rider pairs to set their own goals, accumulate miles, and is subject to the truthfulness of the rider’s information.

Rules:

1. A competitor may enter with any number of horses, but the recorded distance will be for the horse and rider combination.
2. Competitors will use an app or device that records and clearly marks the number of miles traveled. There are many good free apps to track distance, speed, etc.: Strava, Equilab, Equitrail, Endomondo...that can be downloaded to your phone, or use your GPS system.
3. Both trail and arena miles count, as long as you can log the distances. If you have multiple horses, you need to enter the name of the horse you rode when you save that map, as submission of maps will be required to prove accumulated distances.
4. At the end of each month, and prior to the 5th of the month following, the competitor will register the miles of their rider/horse combo to Daniella Harding

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Distance_riders_unite@outlook.com . You must upload screen photos of the app program that clearly shows those miles completed.

5. In case of any doubts or questions about the accuracy of the information, the competitor's word will be taken as true, with the understanding that each participant will take this challenge personally.

6. All rider/horse combinations will be awarded a "TRAC your Miles 2021" medallion. At the end of the challenge, you will be awarded your medallion with you, and your horse's, name, and total mileage engraved on the unique medallion. You will continue to build on your total mileage as long as we are practicing Social Distancing. These will be mailed, or awarded in person, if we resume rides this season.

7. As you and your horse reach mileage milestones, your name will be entered into a monthly draw for additional prizes. Mileage for prizes will be in 25 mile increments until you reach the 100 miles then it will be for every 50 mile increment. For each 25 mile increment you achieve, your name will be entered into a monthly draw for a prize, times the number of your horses who have reached a mileage milestone during that month. Draws will be in two categories: Junior and Senior. Any prizes won in the draws will be mailed to the recipient. Mileage milestones achieved will be celebrated on our Facebook page. ** The miles that you collect during this challenge does not go towards your TRAC miles you obtain during CTR's**

8. We want to support our members, who own a business, by purchasing the prizes for our monthly draws from your businesses. If you own a business, please contact Kyleigh Semmens at kyleighlynnsemmens@live.ca to discuss purchasing of prizes.

Riders are invited to abide by TRAC Rules and Regulations, among other very important consideration:

- 1. The average speed is suited to the level of conditioning.*
- 2. Hydrate and take care of the equine.*
- 3. Any horse with symptoms of fatigue or lameness should be withdrawn from training.*
- 4. A helmet and general equipment suitable for both rider and horse be used.*
- 5. All participants to abide by local Covid-19 rules and maintain proper distancing between riders.*

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To Register:

This is free for TRAC members but for those riders who are not TRAC members there will be a \$10 fee. Please e-transfer that fee to tracboard@outlook.com with the comment TRAC your Miles 2021

To register for "TRAC your Mileage", please e-mail kyleighlynnsemmens@live.ca and CC: Daniella Harding Distance_riders_unite@outlook.com with the following information by May 15, 2021.

1. Name
2. TRAC Member (if you have one)
3. Horse's name/Horses' TRAC Number (if you have one)
4. Email address
5. Mailing address
6. Best phone number to reach you

Please direct all questions to Kyleigh Semmens kyleighlynnsemmens@live.ca

587- 574-5656